The Flow Of Flavour And Tradition

SanSara is an ancient Sanskrit word which means "to flow". It holds a profound connection to the concept of flow, inspired by the rich tapestry of Indian philosophy and culture. It encapsulates the idea that life is a river, constantly moving, evolving, and renewing itself.

Just as a river flows through dynamic landscapes, SanSara brings forth a journey through the diverse flavours and traditions of North India. Our culinary offerings are a tribute to the flowing heritage of Indian cuisine, where regional specialties merge and evolve, reflecting the dynamic nature of the country.

At SanSara, we invite you to embark on a gastronomic voyage, a journey through time and tradition, where the flavours flow

harmoniously, and every dish tells a story. As you dine with us, you become a part of this eternal flow, experiencing the essence of India's culinary heritage and the ever-evolving tapestry of flavours that it offers. SanSara is more than just a restaurant; it's a celebration of the endless flow of life, culture, and cuisine.

SanSara's Signatures

GOSHT KI GAI OUTI

A legendary delicacy from the royal kitchens of Lucknow, created for Nawab Asaf-ud-Daula who, despite losing his teeth, longed for the rich taste of kebabs. His chefs answered with a kebab so soft, it simply melted in the mouth — a dish born from ingenuity and indulgence.

NASILA DUNGAR LAAL MAAS

A fiery Rajasthani classic with a royal past. Once prepared during hunting expeditions for Rajput kings, this bold dish blends tradition with decadence. 'Nasila' hints at a spirited twist, while 'Dungar' evokes the signature smoky finish of desert campfire cooking.

SARSON KA SAAG MAKKI DI ROTI

An iconic Punjabi staple rooted in heritage. Once a humble dish embraced by migrants during the Partition, it evolved into a cultural symbol of warmth, resilience, and rustic simplicity — a celebration of the land and its harvest.

SAILANA SHEVAND

An opulent creation inspired by the princely state of Sailana, where culinary artistry met royal flair. This indulgent preparation of lobster reflects the grandeur of Indian aristocratic dining, with layers of aromatic complexity and depth.

SHAHI GOSHT DUM BIRYANI

A fragrant masterpiece from the heart of Awadh. This regal biryani brings together slow-cooked lamb and delicately layered rice, evoking the timeless elegance and ceremonial spirit of royal feasts.

TALI SCALLOPS

Inspired by beloved coastal street food traditions, this dish offers a perfect balance of crisp texture and rich spice. A comfort favourite during winter months, it's known for its bold flavours and deeply satisfying appeal — rustic yet refined.

Appetiser

VEGETARIAN	
ALOO BUKHARA TSCHAMAN TIKKA <i>Kashmir</i> 🛅 🖣 🦠 Cottage Cheese Spiced Prunes Yoghurt	24
KUMBH KI GALOUTI <i>Uttar Pradesh</i> § 🏚 🗞 Pan-seared Minced Mushroom Cake Saffron Chef's Special Garam Masala	32
MUTTER DARAKASH KI TIKKI <i>Punjab</i> 🎒 🦠 Pan-seared Green Peas Cake Raisin Green Cardamom Mace	28
COMBO PLATTER 🍎 🕯 🗞 Kumbh Ki Galouti Aloo Bukhara Tschaman Tikka Mutter Darakash Ki Tikki	42
NON-VEGETARIAN	
JHINGA NISHA <i>Uttar Pradesh</i> <caption> 🖞 🛅 🕯 🗞 Tandoor Jumbo Prawns 190g Yoghurt Saffron</caption>	39
AMRITSARI TALI MACHLI <i>Punjab</i>	36
TALI HOKKAIDO SCALLOPS <i>Uttar Pradesh</i> S	54
KUTTI LAL MIRCHI MURGH TIKKA <i>Punjab</i> 🛍 🕯 & Chicken Morsels Yoghurt Chilli Flakes Coriander	28
BARRAH CHOPS <i>Uttar Pradesh</i> S	59
GOSHT LAGAN SEEKH <i>Haryana</i> § 🛅 🖢 🦠 Minced Lamb Garlic Fresh Coriander Garam Masala	34
GOSHT KI GALOUTI <i>Uttar Pradesh</i> S	38
COMBO PLATTER 🍽 🗓 🖢 🦠 Amritsari Tali Machli Gosht Lagan Ka Seekh Kutti Lal Mirchi Murgh Tikka	49
Farmed Responsibly Fish Crustacean Dairy Nuts Mustard Gluten	

Main Course

VEGETARIAN

PANEER KHASS Uttar Pradesh			
VILAYATI SUBZI <i>Uttar Pradesh</i> Asparagus Water Chestnuts Tangent Tomato Garam Masala	24		
SARSON KA SAAG MAKAI DI ROTI <i>Punjab</i> S	26		
KATHAL ALOO QATLIYA MASALA <i>Uttar Pradesh</i> Dela Lackfruit Potato Onion Seed Chef's Special Garam Masala	24		
PALAK PANEER CHILGOJA <i>Punjab</i>	29		
ALOO GOBI ZAIKEDAR <i>Punjab</i> 🛅 🖢 🦠 Cauliflower Potato Onion Tomato Garam Masala	22		
NON-VEGETARIAN			
SANSARA-NASILA DUNGAR LAL MAAS <i>Rajasthan</i> S	40		
KUKKAD MAKHAN MASALA <i>Punjab</i>	33		
SAILANA SHEVAND <i>Uttar Pradesh</i> §	65		
KERI WALI MACHLI CURRY <i>Punjab</i> Patagonian Toothfish 200g Mango Ginger Garam Masala	56		



Dal

DAL-E-SANSARA <i>Punjab</i> S Black Lentil Tomato Puree Cream Butter	27
DHABA DAL TADKA <i>Punjab</i> Yellow Lentil Cumin Seed Garlic Clarified Butter	24
Rice	
BHUNA PYAZ OUR KAJU KA PULAO <i>Uttar Pradesh</i> Brown Onion Basmati Rice Saffron Cashew Nut	24
LUCKNOWI MURGH DUM BIRYANI <i>Uttar Pradesh</i> Like Saffron Garam Masala	30
SHAHI GOSHT DUM BIRYANI Uttar Pradesh § 🏚 🗓 🖁 Basmati Rice Australian Lamb Shank Saffron Garam Masala	39
JEERA RICE Cumin Seed Basmati Rice Fresh Coriander	22
STEAMED RICE	9

Bread

NAAN 🏝 🖔		PARATHA 🛋 🖁	
Plain	8	Laccha	9
Garlic	8	Mirchi	9
Butter	8	Churi §	9
Cheese & Chilli	10		
Olive Goat Cheese	12	ROTI 着 🖁	
Paneer Kulcha§	12	Tandoori Roti	8
		Hari Mirchi Roti	8



Soup

MURGH BADAM YAKHNI <i>Kashmir</i> 	18
TOMATO AUR SANTRA KE SHORBA <i>Punjab</i> Tomato Broth Orange Cumin Cardamon	16
Side Order	
GREEN SALAD Onion Tomato Cucumber Carrot Green Chilli Lime	8
MIXED VEGETABLE RAITA Yoghurt Onion Tomato Cucumber Roasted Cumin Fresh Coriander	8
ROASTED PAPAD White Lentil Flour Black Pepper	6
Dessert	
GAJAR KA HALWA <i>Punjab</i> 🎒 🦠 Carrot Milk Sugar Cardamom Pistachio Ice Cream	21
RASMALAI <i>Uttar Pradesh</i> Cottage Cheese Patty Saffron Milk Pistachio	21
SALTED CARAMEL MALAI KULFIS	23



CHEF PANNALAL NATH

Hailing from West Bengal in the East of India, Master Chef Pannalal Nath's 25-year career has been shaped by a distinguished journey through India's diverse culinary landscape that intertwines traditional with contemporary.

After years of continual exploration, Chef Nath decided to set his heart on Awadhi cuisine which soon became his speciality, captivating diners with his elegant interpretations of the ancient cuisine, woven together with modern culinary techniques.



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